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## The Observer

Central Washington University

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# THE OBSERVER

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KATHARINE LOTZE

**READY, SET, GIVE**

FISH FOOD BANK PREPARED  
TO PROVIDE FOR COMMUNITY

P.3

**QUIDDITCH CLUB**

CWU STUDENTS TRY TO  
DEFY LAWS OF GRAVITY

P.7



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# FISH food bank ready to serve

BY LINDSAY TROTT  
Staff Reporter

Friends in Service to Humanity (FISH) Food Bank opens its doors to help whomever they can during the holiday season and are there year round to provide food to those in need.

For Thanksgiving, director Roger McCune said he tries to ensure that he has enough turkeys for whoever needs them.

The FISH Food Bank receives food donated from grocery stores, private donations, food drives and uses regular budget money to provide what people need. Ten dollar gift certificates to Super 1 Foods are also given out for Thanksgiving.

“Believe it or not that, ten dollars gets people excited,” McCune said, “It helps them get those odds and ends for their [Thanksgiving] dinner.”

FISH Food Bank is open fifty-two weeks a year five days a week, with a soup kitchen available on Monday, Wednesday and Friday.

They accumulate over 1,000 volunteer and community service hours each month, with 535 families served in October and about 600 so far this month.

Volunteers have noticed that there has been much more donations with Thanksgiving approaching. Roma Stokes, who stocks the shelves with newly delivered food, said that she had her work cut out for her this week with all the food available to stock the shelves with.

“Forty households came in yesterday,” Stokes said. “That is a lot of people.”

From Thanksgiving to Christmas there are more food drives and more money comes into the food bank.

Ray Darling, volunteer, says that he believes FISH Food Bank has worked out a much better system than before when distributing foods.

“They developed a system of having people pick out their own foods where before it was just given to them,” Darling said.

Rob Williams, warehouse supervisor, says that while other places serve food to people particularly for Thanksgiving, FISH Food Bank is focused on daily food distribution.

“That’s just a feel-good dinner,” Wiliams said. “But we do this all the time.”

While McCune says that he has seen more students



RACHEL PARISH

**DISH IT UP** (Left) Students from the nutrition major prepare a meal for Ellensburg community members in the soup kitchen at the FISH Food Bank. (Right) The FISH Food Bank has fully stocked shelves ready for community members to receive their Thanksgiving box of food.

come in this fall, he doesn’t see many of them because of the stigma that goes along with going to the food bank and the fact that many students may be unaware that food is available.

“No one wants to come to the food bank because there is that stigma that people who come here are lacking something,” McCune said. “But we try to make it as painless as possible.”

Bill Bolman receives food from FISH Food Bank and also volunteers by preparing and serving food to others which he particularly enjoys since he gets to choose the meals.

“I do come down and get food here,” Bolman said.

“I also volunteer, I enjoy it and it gives me something to do to help the community.”

“If the wealthiest person in town came in needing groceries I’d give it to them. It’s a really heartwarming experience.”

**ROGER MCCUNE**  
FISH Food Bank Director

McCune says that he will help out whoever needs it and that during the holidays it’s important to ensure that others are able to have the foods necessary to have a special dinner.

“If the wealthiest person in town came in needing groceries I’d give it to them,” McCune said. “It’s a really heartwarming experience.”

FISH Food Bank, located on 301 West 2nd Avenue openly accepts donations and volunteers for those who wish to help.



## Search and Rescue

### Winter sports bring risks and hazards, but Kittitas County SAR is prepared to help

BY JESSICA MASSART  
Contributing Reporter

With winter in full swing, many students and local residents have their hearts set on recreational activities. People need to be informed that there is help provided by the Kittitas County Search and Rescue team (SAR).

Right now, Search and Rescue is gearing up for avalanche and recertification training, said Fred Slyfield, coordinator and emergency specialist of the Sheriff’s Department.

Slyfield explained that anyone can be trained, as long as they attend monthly meetings in the certain area they are training for. Different winter rescue groups that make up SAR include a horse team, ATV team, snowmobiles and back country teams.

Slyfield said he has 120 registered volunteers who operate by mobile command

whenever the Sheriff’s Department needs them, with four to six people on each team. On average SAR does about 85 missions in a year. When the Sheriff’s Department is notified that someone is missing or stuck on a mountain, they are on the scene and set up in about two hours, depending on the time of day.

Clay Myers, department undersheriff, is also involved with SAR cases. He is involved with putting out press releases and making public service announcements on what people need to be aware of when going on recreational activities. Myers said outdoor enthusiasts should remember to tell someone where you are going, get a compass and learn how to use it, and bring warm items.

According to Myers, the people who usually get lost are the ones who don’t have enough skill, lose track of their landmarks or don’t know their way around.

Search and Rescue strives to be involved with keeping the community safe. To keep the SAR teams up to date with certifications, Myers said he wants to make sure that the SAR volunteers take classes and training every year to keep them qualified. Myers said that he is trying to establish state-wide standards for training.

PHOTO COURTESY OF KITTITAS COUNTY SHERIFF’S DEPARTMENT

**THE SEARCH IS ON** Rescue workers set up a base camp for a winter rescue of a woman who was lost for three days.



# CWU Medical Clinic recommends flu shot

BY KELSEY HOPKINS  
Staff Reporter

In the United States each year, an estimated 25-30 million cases of influenza are reported. Though mostly mild cases, this leads to approximately 150,000 hospitalizations and 30,000-40,000 deaths. As flu season comes upon us, it is time to start preparing.

Luckily, the solution to flu season may be as simple as walking down to the Central Medical Clinic. The clinic down the street from the Student Union and Recreation Center offers free flu shots every year, from November to June.

“Now is the time to get them, before an outbreak,” said Barbara Stanley, a registered nurse at the clinic. “Last year we didn’t have any trouble because of the scare factor of H1N1.”

Flu shots last year were in short supply due to people’s scramble to protect themselves from the swine flu.

“This year, it’s back to the norm,” Stanley said. “Students are healthy and some have never had the flu.”

This shouldn’t stop students from receiving flu shots. On a big campus like

Central it is very easy for a contact virus to spread. And when prevention is so easy, why flirt with the flu?

“We give them a shot and they’re out of here, it’s really easy,” Stanley said. “We try to make it as easy as possible.”

What about those fears that it will make you sick due to some reaction to a “live” virus?

“It’s a dead virus,” Stanley said. “You cannot get sick from it. It boosts your immune system to fight off the flu if it comes.”

If you get sick after getting a flu shot, you have most likely gotten a cold or another virus.

But how do you know if it’s the flu?

Influenza is a virus that infects the respiratory system and is transmitted through moisture droplets from an infected person’s breath. Symptoms include: muscle aches, headaches, dry cough, fever over 101 degrees, chills

and sweats. The virus itself usually runs its course in a few days, but may be complicated by subsequent bronchitis or pneumonia.

“People think the shots are for the ‘stomach flu’,” Stanley said, but this elusive virus is not the flu at all. Most people associate the flu with nausea and being bedridden, but what your mom calls “the stomach flu” is really a generic virus often caught during wintertime. Your flu shot will protect from the influenza virus, which attacks the respiratory system.

“Get a thermometer. Please get a thermometer. Buy hand sanitizer, cough into your coat,” Janet Powell, licensed practical nurse. “Buy hand sanitizer, cough into your coat.”

If you do get the flu, the clinic advises you to stay home. Going out just makes everyone around you sick, and if you

don’t absolutely need to go to the clinic, it’s not worth it.

The clinic recommends you rest, take Tylenol, Advil or aspirin, drink lots of water and eat soup or bland foods as your stomach allows.

In the past, the clinic has visited students they advised to stay home, and checked on them and brought them dinner.

“If you don’t feel better in 2-3 days, call the clinic. People can almost always make appointments for the same day,” Powell said.

The shots are offered at the clinic Monday and Thursday from 3:20 p.m. to 4 p.m. Stanley and Powell really hope students will take advantage of this.

“They’re absolutely free,” Stanley said. “We want to use them. It’s a waste if we have to throw them away.”

If students don’t start to use the shots, they might not have any available in the future.

“If we don’t start getting students to get flu shots, we might not be able to provide this service much longer,” Stanley said, and on the cusp of flu season, that’s something we can’t afford.

## READ THE OBSERVER WEEKLY

### Ever wonder what they DO in those offices on the 40th floor?

#### A Day in the Life of Sydney Walker

Manager, Business Tax Advisory  
Ernst & Young, LLP  
MS Tax (05) and Adjunct Faculty Member  
School of Taxation, Golden Gate University



#### TO DO:

- 8:00 Strategize with partners re: new market approach for potential clients
- 10:00 Brainstorm tax issue - Conference call
- NOON Lunch with client
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- 5:30 Happy hour w/ team

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GOLDEN GATE UNIVERSITY

## Gender Inclusive campus housing being considered for next year

BY HAYDEN RAPP  
Staff Reporter

Central Washington University is proposing a gender-inclusive housing pilot program that would allow residents to choose to live in a suite with anyone else, regardless of their gender. This is a pilot program that is still pending approval from Central’s cabinet, but if it is passed, the program will begin in Moore Hall for the 2011-2012 academic year.

“I’m really excited for the gender-inclusive living here,” said Diana Loveall, junior recreational tourism major and adviser for Moore Hall.

“I think that it will give a chance for the GLBTQ community to choose who they want to live with and allow them to be more comfortable.”

Information from Central’s housing

guide describes how gender-inclusive living allows students to live with friends and family and how it also serves as a good housing option for gender-variant students.

This proposed policy will be a student housing option that allows students to live in this community, regardless of their gender or sex.

The rooms in Moore Hall are three-person suites that have three single rooms with a shared bathroom. Moore Hall houses sophomores, juniors and seniors. Students who want to live in Moore must indicate that they understand that their roommate(s) will be assigned to them regardless of gender or biological sex.

“It will be interesting to see what happens when this policy goes into effect,” Loveall said. “I think that we’ll see more of the gay, lesbian and transgender community moving in here.”

“I think that it will give a chance for the GLBTQ community to choose who they want to live with, and allow them to be more comfortable.”

DIANA LOVEALL  
Junior Recreational Tourism

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# Food drive

## Donating your spare cans is the gift that keeps on giving this season

BY PRESTON PRENDERGAST  
Staff Reporter

When the snow was falling all over Ellensburg many people were only thinking about how to get warm. Yet outside the local Safeway and Albertsons there was a group of students who had something else on their mind: giving.

Many of the volunteers represented central Greek Life along with Central Washington Cheer; some students also volunteered through the Civic Engagement Center.

“We are doing this for the Apoyo food bank here in town that is in dire need of sugar and oil for the upcoming holiday season,” said Paul Stayback, senior social studies education major. “As a student I feel it’s important to give back to Ellensburg; as a member of the BOD on campus I feel the need to support my fellow students in helping the community.”

The students packed a campus police SUV with one liter bottles of cooking oil, five pound packages of sugar, masa and other food donations. By the end of the day, the SUV was over flowing with donations.

“By giving to the community we are giving back to the college by showing we can help,” said Aimee King, freshman chemistry education major. “Coming from a small town I know the problems associated with not having enough to go around.”

All the students were glad to help out the community but that was not the only intention of the food drive. The students were also doing the food drive to show both the students and the community that fraternities and sororities can be a productive part of society.

“Serving the community collaboratively we are debunking the stigma associated with fraternities and sororities,” said Anthony Peterson, senior law and



PHOTO COURTESY OF SHANICE JONES

**SEASON OF GIVING** Volunteers filled a Campus Police SUV with donations of sugar and cooking oil to be donated to the local Apoyo food bank.

justice and sociology major. “Omega Psi Phi and other fraternities and sororities in Ellensburg are working to help the community and show everyone we are here to train leaders, not party animals.”

Some students were there just to help out people who are having trouble making ends meet.

“It’s really important to give back to the community that helps us so much,” said Derek Hewitt, sophomore computer science major. “Organizations like the Apoyo

food bank give so much so I felt that it was time to give back.”

Not too far away, at Albertsons, a group of young ladies was operating another branch of the food drive to collect oil and sugar.

“It is a great way to come together as a group to help the community,” said Shanice Jones, junior elementary education major. “We are all making this step and we need to work together to help the community.”

# Legislative reps take student concerns to Olympia

BY ERIK FLEIS  
Staff Reporter

Central’s legislative affairs office deals with anything in the legislature that pertains to higher education. It also acts as a conduit for Central’s legislative agenda — from the student body to the representatives in Olympia.

Rebekah Schoonover is vice president of legislative affairs on the associated students of Central Washington University Board of Directors (BOD).

During Schoonover’s freshman year she worked as front office staff for the BOD. She was convinced to join the CWU chapter of the Washington Student Association.

Last year Schoonover was the political program coordinator, which led to her running for vice president of legislative affairs.

Legislative affairs hopes to “get more student involvement and [make] students aware that their voice does matter and that legislators will listen to them even though a lot of students don’t think that they will,”



REBEKAH SCHOONOVER

Schoonover said.

“I’ve even made a point to go to all of the University 101 classes and talk to them and the advisers and basically coordinate between all of the departments,” McKinley said.

One of the main issues that legislative affairs has to manage is budget cuts.

“We don’t currently know what the budget situation is going to look like” next year, Schoonover said. “I know that the state is looking at cutting billions of dollars out of the state budget. And school funding is normally the first thing that gets cut because the state doesn’t have to fund us, according to the constitution.”

In previous years the state has cut funding for tuition and financial aid for students.

“Last year the state was looking to cut the state financial aid by 65 percent and we were able to lobby them down to 35 percent,” Schoonover said. “Central has the most in-state students by percentage, so we have a lot of students here that are on the state need grant so that affects us at Central a lot.”

Michael Merz is the legislative affairs liaison. Merz spends winter quarter in Olympia lobbying and presenting agenda issues that Rebekah Schoonover prepares.

The ultimate goal of the legislative office is to try to get students politically involved and to get the vote out.

“The younger student generation tends to be more apathetic,” Merz said. “We hope to get them more involved and show them how important it is to interact with the state government and national government and let our voice be heard on the issues.”

Merz said that seniors may not feel the need to care what happens in the legislature, but continuing students should pay attention.

“If this is your freshman year, then you should definitely be rallying, going to Olympia, getting involved, writing letters to your legislators and senators,” Merz said.

“This year is a little bit different; we’re taking a much more defensive stance, instead of [asking for more money], this year we’re lobbying to say, ‘don’t take any more money,’” Merz said. “The last two years we’ve had 14 percent increases in tuition and this year does not look much brighter.”

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# Take this and Tweet it

## Corporations have taken over Facebook and Twitter, feeding users constant, worthless ads

What's with all of these companies starting Facebook pages and Twitter accounts? Since when did we willingly let national chain stores, multinational companies and banks peddle their products for nothing?



BY ANTHONY JAMES  
Editor-in-Chief

Not so long ago, advertising was expensive and an involuntary part of life. Broadcast television stations relied on ads to stay afloat and today's cable networks need advertising to supplement their revenues from subscription fees.

Today, advertising is everywhere. You can't go to a movie theater without spending \$9 for a ticket and another \$10 on concessions, and once you sit down to enjoy the movie, here comes a ridiculous Coca-Cola ad of some woman sitting down in her theater seat and going on some crazy Jurassic Park-like journey.

On Saturday, I was watching college football on ESPN, "Served by Applebee's." Applebee's didn't serve me anything other than an undercooked steak and flat beer the last time I went. They certainly didn't serve this game – Michigan State and Penn State did.

# Dear Editor,

There is a real, and better, reason to abstain from shaving for the month of November. A way to not only "look like the average Northwest logger," but to help start conversations regarding men's health.

[There is] a foundation that began in Australia in 2003 and has since spread around the world called "Movember." Men across the world have chosen to grow out their mustaches, to raise money to support various causes. Here in the U.S. the funds we raise go to The Prostate Cancer Foundation and LIVESTRONG.

I myself was unaware of this "Movember Movement" until both my father and brother joined the cause in remembrance of my grandfather, who recently passed away from prostate cancer. They registered online at us.movember.com and have since had to explain over and

But now we can be a "fan" or "follow" restaurants, bands, stores -- you name it -- on Facebook and Twitter. And for what? Pointless babble and promotions through cheap advertising that fills up your news feed.

It's bad enough that these companies have these accounts in the first place, but it's worse when these companies slip it into their other advertising. I saw an Arby's ad the other day with the "f" and "t" graphics at the bottom near the end of the commercial.

What benefit do I get out of following Arby's on Facebook? Unless it's a free Jamocha shake, you can count me out.

To prove my point, I checked out the Microsoft Facebook page. Sure, there are some status updates pimping out the latest crash-worthy products, but there are also some that just plain don't make sense, like "Happy Thanksgiving! My brother dropped his phone in the mashed potatoes today. Did you have any 'Really' moments? Do tell!" and "Congratulations to our first 200,000 fans! We're now officially bigger than the city of Tacoma, Wash.! Riverside, Calif. (population 300,000), you're next."

I'll start by stating the obvious: Is aiming to be bigger than Tacoma or, more importantly, Riverside, at all meaningful? More importantly though is I see enough of this crap from my friends on Facebook, so why would I willingly let some Fortune 500 company do the same?

over why they are growing a mustache. They then guide people to the website, where donations can be made.

Much like October is breast cancer research month, November is a month donated to men's health issues. So, although the month is almost over, anyone can join in by growing their own 'stache or by spreading the word about a great cause that can help many.

Prostate cancer is widespread and most people out there know someone who has been diagnosed [with], suffered with, or died from this disease. So, to all those guys that just don't feel like shaving, good for you! Just make sure you tell everyone why.

**Gabrielle McNeillie**  
Adjunct Faculty, Physical Education, School and Public Health

# Group projects: Dude, WTF?

## This often required part of college courses only hurts those who end up doing all of the work

It's the end of the quarter, and if you're like me, you're working on at least one group project. There can be benefits: You get to meet new people, hear different ideas and work can be done faster in a group. But for classes that have little dialogue or discussion, group projects are a working nightmare.

A group of students thrown together normally consist of one or two students who want to succeed and a few who don't care. Most often you end up being that person who cares and works hard to get a good grade. You do all the work and in the end share that hard-earned grade with the slackers.

My grades should never depend on someone else's skills, and anything I work hard for shouldn't be handed off to someone who didn't earn anything. Sure, some teachers do find a way to balance it out by grading individually or having peer ratings, but in the end you still struggled to make the project work.

There's always the argument that



BY KELLY REQUA  
News Editor

students need to work in groups because we will in the real world. Maybe that makes sense, but in my experience in the real world, there's a boss and you listen to that boss and if you don't get the job done, you're gone and someone else will do it.

Most of us already have busy schedules and organizing group meetings is near impossible. Some of us work all day or all night. Some of us have families, some of us are athletes and some of us have challenging majors. Some of us drive home every weekend while some of us party too much.

If you're lucky enough to get everyone together there's still no guarantee that the group will focus. There are distractions, different opinions and no one keeping it all on track. Having a group leader can help guide the discussion, but how many professors require a group leader? Professors giving students time in class to work can help, but with short classes most professors can't afford us the time.

In the end the project has to get done. I hope professors will realize that most of us don't care about the student sitting next to us because they have a different set of priorities. Responsible students are focused on getting the education they pay for and getting graded for the work they accomplish. We are not here to carry someone else through the experience.

# Yeah, this is self-indulgent, but fnarl it!

## An Observer staffer gives his thoughts in his last issue

So, I had a thought enter my mind just this morning, while I was checking my Safari account: I'm graduating this quarter.

I completely forgot. Am I ready?

I hope I don't need to declare a major. I was told that was optional. I couldn't decide anyway – as soon as admissions told me that Central doesn't offer honorary doctorate degrees, I had no idea what to do. I figured I would just set my credit limit at a reasonable number, like 200, and then graduate. I can do that, right?

Maybe I'm stretching the truth somewhat.

I became a print journalism major, due to my love of writing about stuff, and for the ability to make you read my crap...like right now. I've spent a few years on The Observer, learning the meat n' taters of writing news and fluff, editing, and drinking a lot of beer "in order to write about it in the paper."

As a result, my diet has suffered, my internal organs are weaker, I am battling a crippling addiction to semicolons, I use the word "goyakod" in everyday conversation (NOT "soyatop"), and my family thinks I'm a socialist now. I really couldn't ask for a more enriching or fun three years on a college campus.

Since this is supposed to be a tearful, heartfelt goodbye, I suppose a few thanks are in order.



BY DAVID GUZMAN  
Copy Desk Chief, soon to be unemployed

To my com and creative writing professors: Thanks for caring and encouraging me, for better or for worse.

Thanks to all staff members on The Observer over the past three or so years, for showing me I'm not the only weirdo kid on campus. Thanks to the newbies on staff for putting up with me this quarter -- I raise a tall frosty glass of 7-UP to you guys.

And of course, a slightly premature thanks to those of you who will be on The Observer but aren't born yet.

A BIG thanks also goes out to everyone who reads and digs The Observer.

I'm also thankful for those of you who think this paper sucks. This obviously means you possess greater journalistic skills than we do, and that means you can totally help us out next quarter. Talk to Cynthia Mitchell, our adviser, and that one Com professor who takes a butt-pad everywhere with her. Her room is on the second floor of Boullion Hall – follow the funktacular smell of TV dinners and the piercing cries of "ACK!"

Oh, and I extend my sincerest thanks to Japbla Blabo, who provided me some of the heartiest laughs on late Tuesday production nights. I wish you the best of luck in your new Copy Desk Chief job next quarter. You earned it.

Now that I'm graduating at Central with a degree specializing in journalism, it's time to start applying for the burgeoning plethora of newspaper and magazine positions available out there...right?

So whether I become a respected writer or a world class 7-Eleven taquito sales associate, Central has been a great deal of fun. Thanks for reading. Time for a beer.

## Dear Readers,

The Observer welcomes brief letters (300 words or less) from readers on current issues. Please include your full name and university affiliation: year and major, degree and year graduated, or staff position and department. To be printed in the following week's issue, please e-mail your letters to cwuobserveropinion@gmail.com by 5 p.m. Monday. The Observer reserves the right to edit for style and length. Anonymous letters will not be considered.

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## Corrections

- In a story titled "Top Chef' event combines networking, culinary arts" (Issue 8), Ashley Giannandrea was listed as vice president of the CWU Business Networking Club. According to Club President Whitney Hahn, Giannandrea is an administrative officer for the club.

- In a story titled "Obie O'Brien: Long-time distance education employee leaving Central for county commission" (Issue 8), O'Brien was listed as a faculty member instead of staff. O'Brien was also listed as winning the election by a 62 percent margin, but he received 61 percent of the total vote.





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Movie Review

# Harry Potter and the Deathly Hallows



BY GIANCARLO GONZALEZ  
Movie Critic

Anticipation has been building for the final installment of the most successful film series of all time, and “Harry Potter and the Deathly Hallows Part 1” delivers. Fans of the series know where it left off and those who are not initiated would do well to rent all the previous films in order to get up to speed.

The film has the feel of a coming-of-age story, with the customary “going back to school” scene no longer a part of the film.

Instead, the heroic trio of Harry, Ron and Hermione must fend for themselves in the dark, dangerous and bleak world while avoiding the

Death Eaters sent by Voldemort. The action pounds out from the beginning with an incredible chase scene and Director David Yates does a wonderful job of jumping into the story, building anticipation from the start.

The wizarding world has a darker edge than previous Harry Potter films. Voldemort and his minions are now in charge of the Ministry of Magic and are following their fascist agenda. All mages and witches must be racially pure or risk being tortured and killed as a result of being born a half blood or being a Muggle.

The violence in the film is justified in setting up the classic battle between good and evil. Black, grey and stark white colors are the predominate palette for this film and the music creates emotional anxiety throughout.

The acting is top notch with excellent performances by the entire cast, especially Ralph Fiennes (Voldemort) and Helena Bonham Carter (Bellatrix).

Overall, this is an excellent film as the penultimate ending to the “Harry Potter” series.

“Voldemort and his minions are now in charge of the Ministry of Magic and are following their fascist agenda.”

# Quidditch

## Without the magic and the flying

BY REDA LEE  
Staff Reporter

Fans of Harry Potter celebrated the latest movie by playing Quidditch on a snowy Saturday afternoon. On Nov. 20, the day after the opening of “Harry Potter and the Deathly Hallows Part One,” a group of Central students involved in the Cross Cultural Leadership Project (CCLP) put on a Quidditch Tournament on the Community Fields as a part of the fundraiser.

Students involved in CCLP planned the Quidditch Tournament as their first fundraising event of the year year. Each year students involved in this organization raise fund and proceeds go toward future opportunities in learning about different cultures all over the world.

This year, the club is working toward a trip to El Salvador to help build a school in a small, rural town.

With the opening of the new Harry Potter film, the CCLP thought it would be a great opportunity for the tournament for them to raise money for their cause. The Quidditch Tournament was open to everyone on campus and members of the community.

The cost was \$5 per person to enter the tournament. contenders had the choice of entering as a team of seven players or enter-

ing in the tournament alone and being assigned to a team. The majority of the players entered with a group of seven or more.

Quidditch is the ultimate fictional sport played in the Harry Potter films. It involves flying around on a broomstick and trying to score points by sending a ball or a quaffle through ring hoops on the opponent’s side of the field. There’s also a snitch that can be caught by each seeker of the team. Once the snitch is caught, the team scores 150 points and the game ultimately ends.

Most think of Quidditch as a fantasy game, but in truth it can be played in reality. There isn’t any actual flying around on a broomstick; however broomsticks are still involved as well as the infamous snitch.

The weather was not looking too great the day of the Quidditch Tournament. There was an inch of snow on the ground and it kept falling as the tournament approached. The air was cold and the snow was not going to let up. Some members of CCLP who had gotten to the field early enough to set up were worried that the weather may have made some of the players weary on coming out to play.

As soon as 11 a.m. came around, students with brooms came walking toward the Community Fields. It looked as if they



REDA LEE

**RIDE THAT BROOM** Two teams competed in a Quidditch tournament on Nov. 20 as a fundraiser for the Cross Cultural Leadership Project. Team 1 is shown above.

weren’t going to let the weather get in their way of playing Quidditch.

“Everybody’s attitude was great,” said Logan Bahr, CCLP member. “It was nice seeing everyone enjoy themselves in the white-out situation.”

Each team was dressed in their team attire along with their homemade brooms created with twigs and branches. It was a sight to see.

There were a total of two

teams: “Snitches get Stitches” and the “Flaming Pigmepuffs.” They played a total of four seven minute quarters. The entire game was entertaining for both the onlookers and the players. Everyone got a good laugh out of the tournament.

“My favorite part was how much fun everyone had,” said Ryan Gregson, CCLP member.

Overall the tournament was a successful event. The players that signed up for the tournament

made it out to the fields and had great sportsmanship. Although it was cold and wet outside, no one let that get in the way of enjoying Quidditch.

“Watching the snitch run around in wings and get tackled was hilarious,” said Sacha Haia, CCLP member.

Haia was pleased with the tournament and enjoyed seeing so many people show up even though it was snowing.



# Discovery Channel star to speak at Central

## Sig Hansen: This guy’s got crabs, a family, a crew and mad fishing skills

BY MARC TRATAR  
Staff Reporter

The Bering Sea is a place that makes those who work in offices thankful for a place to sit and climate control. Rogue waves that can swallow a deck full of men, never to be seen again, 800-pound crab pots hovering over the deck like a clock pendulum and a bait grinder that could mutilate your arm as easily as it does the 40-pounds frozen fish blocks it devours are just some of the things a commercial crab fisherman has to deal with while out at sea. The men who actually do this job are just as rough and tough as the job itself.

To give Central students a chance to better understand this job, Capt. Sig Hansen of the Northwestern fishing vessel and star of the Discovery Channel’s hit TV show, “Deadliest Catch,” will be speaking at 7 p.m on Dec. 2 in the SURC

Ballroom.

“This event gives people a chance to have a personal connection with the person we see on TV,” said Scott Drummond, director of campus activities.

Drummond will be asking several questions of Hansen regarding the show and what he sees in his future. Hansen will also be taking questions from the audience and will sign his books after the event.

“I like the show because it’s an actual job that reality TV can’t corrupt,” said Jake Perotti, senior business management major. “You can’t fake what these guys do.”

Hansen started his fishing career at the age of 14 by working on the family boat. Many might think that’s an early age to start working, but not Hansen.

“It was our family’s lifestyle so it was normal... it was almost expected,” Hansen said.

The Northwestern was built by Han-

sen’s father in 1977 at a cost of \$1.1 million.

According to Hansen, the late 1970s were “almost like a gold rush in the crabbing industry.”

There’s a saying that goes, you should never get into business with family because it never works out. On the Northwestern, this saying is not true because the element of family disappears once the crew steps on board.

“We run a business,” Hansen said. “When we run a vessel, we’re fishing – there is no family.”

“Sig rules the ship with an iron fist and because of it he has one of the most productive ships in the show,” Perotti said.

Hansen balances his family life and fishing life by utilizing multiple personalities. Hansen tried to relate his life to that of a man in the military. When he’s out in the field of battle he can’t be distracted with thoughts of his family – he has a job

to do. This is not an analogy Hansen likes to use, but it was the only way he could think to explain his division of family and fishing.

For some Central students the most valuable commodity is their time asleep. On the Northwestern, “the guys are pretty good if they get four hours off in a day,” Hansen said.

So far, more than 500 people have signed up to attend the event.

“I’m going because I’m a big fan of the show and Sig seems like a really cool guy to hear speak outside of the show,” Perotti said.

The event will be free for Central students with ID and \$5 for non-students.

To get your tickets, visit [www.cwu.edu/~events](http://www.cwu.edu/~events). Campus Activities encourages people to sign up for tickets early due to the SURC Ballroom’s capacity. If more people attend the event than planned, those with tickets will be allowed in first.

## Quarterly Jazz Nite at CWU

BY SOPHIA WORGAN  
Staff Reporter

Fingers were snapping and feet were tapping in the audience when Central’s jazz department played all they had learned this past quarter.

The jazz department showcased their quarterly accomplishments last Tuesday by hosting Jazz Nite, with performances from Jazz Band 1, 2 and 3; as well as Vocal Jazz 1, 2 and 3. The concert, which is held each quarter, helps to give all of the larger jazz ensembles a venue to perform all they’ve learned throughout the quarter.

This quarter, the ensembles played jazz of varying types: some groups composed their own music, too. There were performances of classic jazz standards, swing era classics and modern jazz compositions, both vocal and instrumental.

One change this quarter is the option to purchase Jazz Nite performance tickets online, something Chris Bruya, director of Jazz Studies at Central, hopes will draw more community members and students to musical events.

“The ratio is mostly parents and community,” Bruya said. “It’s about one-third students. There used to be a much better turnout of students about 10 to 20 years ago.”

Many students on campus don’t realize that classical and jazz concerts are held on campus and many times for free. Only larger charged events such as featured musicians, are publicized around campus but there are often two or three concerts and recitals held for free each week.

“It would be good to know for a lot of students I’m sure,” said Alison Eglin, communication and global wine major. “It would be a nice alternative to going to a movie for a date or something.”

Although jazz and classical music aren’t as mainstream as other genres, there are many quality performers here at Central. One student, Natasha Nelson, visiting her cousin from out of town, noted that there were some really great opportunities for students to hear live classical and jazz music.

“It’s unique that Central offers all these free concerts for their students,” Nelson said. “If they had this at my college and advertised it well, even if you had to pay \$5 I think it would be really successful. It kind of sounds like students don’t really know about this opportunity.”

## Five Minutes With...

“Urinetown”  
cast member



Angela  
McDermott

BY GIANCARLO GONZALEZ  
Staff Reporter

Angela McDermott is a junior in musical theatre. From a young age, she loved performing, starring as “Scar” in “The Lion King” in a local school production in Bellevue, Wash. She was in the ensemble cast in Central’s recent production of “Urinetown.”

**Q. What would you like to accomplish professionally?**

A. I would like to go into performance professionally, I’m actually going to go work at Disney World, for awhile, after school, and, long term, I would like to teach and direct at a university level, but like anyone else here I have dreams about Broadway or L.A., or even Seattle, you know – success in the professional theatre world.

**Q. Any particular productions on Broadway?**

A. Not especially. “Urinetown” is my favorite show of all time; now that I’ve gotten to do that once, I’m feeling great. I like all types of shows – if I was offered a role I wouldn’t turn it down because of the show. I don’t have any specific ones.

**Q. Theatre, television or film?**

A. I prefer theatre. I like having the audience there to interact with.

**Q. Having you always had this dream of being in performing arts?**

A. I actually started training with music when I was five and for awhile my dream was opera, but it started to shift when I was in late middle school, early high school. But I’ve always wanted to perform.

**Q. You mentioned that you’re going to be going to Disney. What’s the draw there for you?**

A. Well, I just spent nine months there and it was one of the best opportunities of my life. It was an amazing experience. I became an official Disney World stilt walker right before I left, I’m actually still employed there, I’m a seasonal employee so I’m going back summers. It was an amazing experience to work at a place where you can create magic for people and it’s valuable for me as a young performer to see first hand how performance can touch people. That and it was really fun!

## People on the Street: *winter plans*

BY NICHOLE WILLIAMSON  
Staff Reporter



Marian Miller  
Freshman  
Undeclared

*“First, it’s go home and sleep as much as I can. Other than that, it’s to catch up with my family and play with my dog ... and to pick up some quarters somewhere for laundry.”*



Ryley Coker  
Sophomore  
History Education

*“I’m going snowboarding and planning on spinning donuts in the school parking lot with Ole Red.”*



Tiffany Thorsheim  
Senior  
Tourism and Recreation

*“I’m going to go home and spend some quality time with my family and look for an internship since I’m graduating soon. Then I’m going to build a kotatsu – it’s a low table that’s popular in Japan during the winter. It has a heater under it and is covered with a quilt,”*



Andrew Wendling  
Senior  
Computer Science

*“I’m going to play video games and hang out with my girlfriend.”*





# Middle East Belly Dance

## Performance raises funds for flood victims

BY GIANCARLO GONZALEZ  
Staff Reporter

Dancers undulated and shimmied to the sounds of their finger cymbals and the music of Egyptian vocals and percussion. They entertained the crowd with their fringe headbands, coin encrusted bras, exposed midriffs and long, flowing skirts, as the people shouted and hollered in lusty approval.

Their tribal dance routine energized the audience as the dancers went from hip hits and shivers in one song to hip and chest undulations in another.

The Don and Verna Duncan Civic Engagement Center (CEC) brought a Middle East belly dancing group, Troupe Rose Show, to perform and raise funds for the victims of the Pakistan flood. Images of a father carrying his two children in waist-high, brackish water and the desperate, begging hands of children reaching for essentials from aid workers, flashed on the wide screen in the SURC Theatre.

The CEC showed the survivors of the devastation and asked the audience to give generously in their support for the people of the flood ravaged areas in Pakistan.

Guest musicians Frank Johnson and ITAM Professor Dave Rawlinson from the Dave Rawlinson band treated the audience to their brand of country music with passionate play. After a few songs, the ladies from the Troupe Rose Show, Kissmet, Roseminda, and Zahra, made their final appearance to a rousing end.

The stage was designed to look like the inside of a tent in a desert and their vigorous hip and chest movements brought heat to the cold theatre.

A final plea for financial support was made by the CEC and then the evening came to an end.



PHOTOS BY JOEY LEBEAU

**MUSIC AND MOVES** Left: Haley Watson, senior environmental studies and Spanish major performed as part of the Troupe Rose Show's performance. Above: Rowan Utzinger played along on violin.

# King talks of transition “Disfigured” inspires body image group

BY JANAYE BIRKLAND  
Staff Reporter

Some may be intrigued to hear unusual stories accruing in the lives of others. Those stories may be educational as well.

Isis King of “America’s Next Top Model” presented her story at Central Washington University during National Transgender Day. The evening began with a glowstick vigil in remembrance of various deaths within the transgender community.

King later reflected on the trials and tribulations of being a young male who felt “different” since Kindergarten. Growing up in a violent home and various homeless shelters led to abusive relationships over the years.

King’s appearance on “America’s Next Top Model” and friendship with host Tyra Banks gave her the confidence and opportunity to tackle her long awaited surgery.

Throughout the numerous hardships, King developed a wonderful relationship with her mother and two siblings.

“My mother has become so supportive,” King said. “All her struggles and all the things she has gone through made me want to help her and pull through my rough childhood.”

While working as a fashion designer and model, King expressed her figure and the struggles of the fashion industry during her speech.

“I was always teased about being skinny, since first, second, third grade and always wanted to gain weight. I have a huge metabolism,” King said. “I love food and never deprive myself.”

The audience interacted throughout the speech, making King go into greater detail of her opinions and experiences. She answered an array of questions after her speech as well. Students lined up along both sides of the SURC Theatre to have their questions answered. Common questions were related to relationships and gender transitioning.

“It was really awesome,” said Tianna Parsons, freshman undeclared. “She is an intelligent and beautiful person.”

Students also had the opportunity to meet King during a meet-and-greet following the questions. King fashioned her model walk and even performed a cheer with pompoms.

Kyle Duffey, student programmer for the Diversity Education Center, said the event was an evening that was “incredibly rewarding and went flawlessly.

“I cannot stop smiling,” Duffey said.

BY JANAYE BIRKLAND  
Staff Reporter

Body image issues can be a struggle for any size, shape or form of person.

Accepting Everybody, a new group at Central Washington University, is providing inspiration for individuals concerned with their body image. Each meeting, held every other week, offers opportunities to share stories and concerns; big or small.

“We hope people learn they are not the only ones who struggle with body issues,” said Stephanie Syte, Accepting Everybody programmer and women’s event programmer for the Center for Student Empowerment.

Syte decided to form the on-campus group after watching the movie “Disfigured.” The film focuses on a support group for individuals dealing with body issues and society,

which is a relevant topic on college campuses.

Television and magazines can portray human images that are both unrealistic and unhealthy. It has been said by many industry professionals

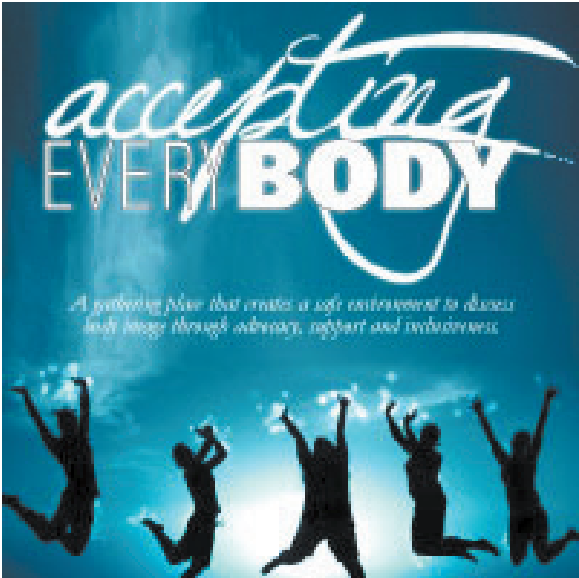
the ability for us as individuals to feel comfortable in our skin and appreciate our bodies for what they are and not buy into the portrayal of the media,” said Katrina Whitney, senior director of the Center for Student Empowerment.

Many women spend hours primping each day to feel presentable to the public eye.

“Every girl goes through issues getting dressed in the morning,” said Molly Allen, Accepting Everybody programmer and sophomore English education major.

According to Syte, more club members will equate to more learning opportunities. Various activities and discussions are also incorporated in the meetings.

Accepting Everybody is sponsored by the Center for Student Empowerment. The meetings will be held every other Wednesday in January in SURC 271 at 4 p.m.



COURTESY OF THE CENTER FOR STUDENT EMPOWERMENT

that individuals with bodies seen as “perfect” have eating disorders and are airbrushed. Accepting Everybody will help people understand the media and why these images are impractical.

“The meetings can provide

The Scoop

SURC Ware Fair Today 10 a.m. - 7 p.m. Free 2

Raw Space 20 Riverside / Open Country Joy Friday, Dec. 3 9 p.m. \$5 3 119 E. Fourth Ave.

Mary Grupe Center, CWU campus Celebration of Life: Kisten Michaelson Sunday, Dec. 5 7 p.m. 5

Raw Space The Grandtours / Dusty 45's Thursday, Dec. 9 8 p.m. \$7 Students w/ ID \$10 Gen. admission 9 119 E. Fourth Ave.



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NINA KANARSKAYA

**UNDEFEATED** Senior point guard Drew Harris drives the lane against Quest University. The Wildcats beat Western Oregon Tuesday night for their first GNAC win, and improving their overall record to 5-0 on the season.

# STILL COOKIN'

## Men's basketball remains unbeaten, improves to 5-0

BY JAKE ABBOTT  
Staff Reporter

After earning victories against Sonoma State, nationally ranked Metro State and Western Oregon University (WOU), the Central Washington men's basketball team is perfect so far this season with a 5-0 record. Central is ranked second in the Great Northwest Athletic Conference (GNAC) standings behind Seattle Pacific University.

Tuesday Central opened their conference play against WOU. The Wildcats were able to produce a win on the road, beating the Wolves 87-78.

WOU came out quick scoring 51 points in the first half.

"We like to run and get the pace going," said senior guard Chris Scott. "They were sitting back in zone defense and it worked in the first half."

In the first half the Wolves were 9 for 12 from the three-point line. This was the first time that Central had been trailing in a game this season.

The Wildcats were able to answer back in the second half holding the Wolves to a 31.3 shooting percentage. There were five players from Central that scored in the double digits. Senior guard Humberto Perez led Central with 21 points and four assists.

Senior Drew Harris had 18 points and generated eight assists on the night, while senior Jody Johnson added 15 points.

Senior forward Chris Sprinker tacked on 14 points and four blocks as well as senior forward Jamar Berry supplying 11 points for the Wildcats.

Last Saturday, Central prevailed against the Sonoma State Seawolves with an 11 point victory, 83-72 in Nampa, Idaho during the Northwest Nazarene University (NNU) Thanksgiving Classic. Sprinker led the Wildcats with 19 points and five rebounds. The Wildcats generated a 57.4 shooting percentage with 50 percent from three-point range.

The Wildcats brought down a total of 30 rebounds, led by four players who each had five. Berry had three steals for the Wildcat defense and seniors Roby Clyde and Sprinker combined for five blocks.

Last Friday, Sprinker and Scott combined for a total of 32 points against Metro State. Central beat the 11th ranked Metro State Roadrunners 71-55.

Scott, who was three for four from the three point line, scored 15 points for the Wildcats while Sprinker totaled for 17 points, six rebounds, and five blocked shots.

"I was feeling pretty good that night," Scott said. "I am thankful I had a good game."

Scott, a redshirt last season, was able to spend Thanksgiving with his family as well as help the Wildcats defeat Metro State. Flying from Las Vegas, Nevada, his parents had not seen him play in two years.



**#10 Chris Scott**

"They flew up on Thanksgiving Day and ended up staying in the same hotel as the team," said Scott. "It was nice to be able to visit with them."

The Roadrunners held Central's top scorer senior Jamar Berry to just 7 points in the 16-point victory over Metro State. The Wildcats shot 44.6 percent and 82.4 percent from the free throw line.

"We took care of business today," said head coach Greg Sparling in a press release. "We came out aggressive and our guys played very well against a tough team."

Before Thanksgiving break, the Wildcats had an overpowering victory against Walla Walla University on Nov. 20. Led by Berry with 28 points and nine rebounds the Wildcats pounced on the Walla Walla Wolves with a 101-61 victory.

Senior Drew Harris also had a standout performance, contributing 22 points in the win against the Wolves. The Wildcats had five players score in double digits.

Central's defense controlled Walla Walla as the Wildcats had 16 steals on the 22 Wolves' turnovers. In the past nine years, the 16 steal total is the second highest single game total for Central.

Central combined for 48 rebounds, 14 of which came from senior Gibler.

The Wildcats will travel to Seattle Pacific University (SPU) this weekend to compete in the SPU Invitational. Central will play two games each schedules to start at 5 p.m. They will face Grand Canyon on Friday, Dec. 3 and Chaminade on Saturday Dec. 4.

## Women's basketball 2-0 in Wildcat Classic

### Lady Wildcats off to best start in three years

BY JON CLEVELAND  
Sr. Sports Reporter

The women's basketball team hosted the Wildcat Classic, which kicked off on Nov. 19 at Nicholson Pavilion. The four-team tournament consisted of four games and lasted throughout the weekend.

In their first game the Wildcats faced off against Chaminade. Central got off to a quick start with a 14-point lead less than six minutes into the game. By the half the Wildcats were leading 44 to 14.

Central keep things going in the second half putting up 32 more points, giving them the victory 76 to 44 and put their undefeated streak up to two games. Stacy Albrecht had a break out game scoring 17 points to go along with her three assists, five blocks and four steals.

Point guard Luv Rattler went

4-7 with 11 points 4 assists with two steals. The senior has been a leader for the Wildcats this season and has stepped up to lead Central in both games.

The Wildcats next opponent was Dominican from California. With almost 200 people in attendance the crowd seem to really rally behind the home team Wildcats. Central started the game off fast going on a 19 to 3 run. At one point in the game the Wildcats led by 24 points over Dominican.

"Because I am a freshman and I think with my height people expect a lot but I can only do the best that I can," said freshman forward Marissa Pratt.

Pratt used that height to get three rebounds on the night and scored four points.

By the end of the first half the Wildcats held a 13-point lead over Dominican 43-30.

Freshman forward Kelsi Jacobson put up 12 points and was four for five from three-point range.

**FAST START  
CONTINUED ON P.14**



PATRICK CLARK

**WILDCAT CLASSIC** Junior forward Sophie Russell prepares to attack the rim. Central and Northwest Nazarene both went 2-0 in the annual Wildcat Classic at Nicholson Pavillion.

## In This Section>

>Kady Try leaves her mark on Central volleyball

>Bouldering competition hits Central

>CWU's Joe Lorig named Division II Assistant Coach of the Year



# Kady Try spikes the competition

Senior volleyball star leaves her mark in Central's record books

BY CAMBREE BENETUA  
Staff Reporter

Kady Try swore that she would never wear a pair of spandex in her life. Now she is proud to have ended her senior year standing six feet tall sporting her very own pair in crimson and black.

Try started out in Brentwood, Calif. playing for a very competitive basketball team, knowing that she would be recruited right out of high school.

For her senior year, her parents moved her to Spokane, where she finished her high school career at Mead High School.

Try never thought she would find something she loved more than basketball.

"I was a diehard basketball player," Try said. "I played on a club team for four years and I just ended up playing volleyball for the heck of it."

Although how she ultimately chose volleyball over basketball was a little unconventional.

"I made varsity basketball and volleyball my sophomore year," Try said. "But at the high school I was at, you could only pick one to play and I hated the basketball coach, so I picked volleyball."

Central Washington University was the only school that Try officially visited but she fell in love with the atmosphere because it reminded her of Chico State, where her sister was attending at the time.

Coach Mario Andaya was also one of the deciding factors for Try because she loved who he was as a coach.

"Kady has always been a tremendous player, but her confidence was the only thing holding her back," Andaya said. "Once she got over her fear of failure and let it all out, she became one of the best outside hitters we've ever had."


As a freshman, without having a strong voice in the team, Try left the leadership up to the older girls, but she grew into the leadership role she now holds with the help of coaches Andaya and Chloe Quirk.

"Kady has grown as a person over the last four years and as she is becoming more confident with what she can do and who she is," Andaya said. "The sky is the limit for her."

With accomplishments such as being selected for the 2010 Great Northwest Athletic Conference volleyball all-conference first team, she is known as one of the strongest competitors and leaders on the team.

Some of her fondest memories include beating Western Washington University along with all the pranks that Coach Andaya played on the team throughout her four years.

"One time he pranked us and hid in the refrigerator, then had people come to get something



## CAREER STATS

KILLS: 1,181	DIGS: 839
ASSISTS: 43	BLOCKS: 189
ACES: 74	

**#33 Kady Try** *-4th all-time in school history in total career kills*

out of there and he would pop out and scare them, while he was recording the whole thing," Try said "Another time he hid a laptop that one of the freshman players was responsible for and she was so freaked out, she tried to run off the airplane."

Try overcame adversity with family throughout her volleyball career, but she kept her personal life very private and used volleyball as her outlet.

"I try not to show many emotions on the court besides being intense," Try said.

One of her teammates and friend senior libero Brandie Vea sees that intensity every time they take the court.

"She looks so tough and intimidating sometimes, but she is really a kind-hearted person inside," said senior libero Brandie Vea, Try's teammate and friend. "But I would describe Kady as definitely being the go-to team player. She'll help you with anything and go out of her way to do it."

Her typical volleyball season day consisted of cramming practices, weightlifting and homework along with all the other

daily demands.

Now with volleyball over, Try finds herself scrambling to find things to do with all the time she has to spare.

"I'm just confused as to what to do now with all this time," Try said.

Try will graduate in the spring with a degree in public health but doesn't have much planned after the dust settles and she's sent out to find a career path.

"This last little piece of school will help push me towards something, whether it's the teaching aspect of it or the corporate community side of it," Try said.

As far as pursuing her volleyball career outside of Central, Try is not sure where the road will take her.

"It's going to be weird not playing a sport and being that old person that's trying to still be involved with everything," Try said.

With her upcoming wedding next July and her fiancé in Japan playing basketball, Try is not sure where she will be in ten years and although her future is unknown she looks forward to what life will bring.



JOEY LEBEAU



JOEY LEBEAU

**AMERICA'S MOST WANTED** (above) Kady Try crushes a set from a teammate. (below) Try smacks a pass through two Alaska blockers. Try finished her four-year career at Central with multiple accolades and honors, including fourth all-time in school history for total kills.





PATRICK CLARK

**REACH FOR THE SKY** Junior forward Sophie Russell battles for a rebound against Dominican University of California.

## FAST START CONTINUED FROM P.12

"I think our defense plays a big role," Jacobson said. "Pressure from our [defense] leads to our good offense."

Whitney praised his redshirt freshman for her performance.

"Kelsi hit some big threes to put the game out of reach," Whitney said in a press release. "Those dagger three-pointers helped us make a run. She is a great shooter, and her teammates did a good job getting her the basketball tonight."

Another good contributor on offense was again Rattler who scored a career high 15 points along with eight assists.

"Luv had a good overall game," Whitney said in a press release. "She got the penetration we needed to get the ball to the shooters, and her penetration also helped get (Dominican) into some foul trouble."

Central keep scoring and never let Dominican get close to their lead.

Central picked up the win with a final score of 78-61, improving their record to 3-0 on the season.

The Wildcats currently sit in first place in the Great Northwest Athletic Conference (GNAC) and hope to continue this good play throughout the rest of the season.

"I think it's great," said head coach Jeff Whitney. "Especially with a brand new team. I think the biggest thing is that we are playing 10 people."

The Wildcats next matchup is a conference showdown against Saint Martin's University where Central will look to stay undefeated on the season and remain in first place.

Central split the season series last with St. Martin's at one game apiece. The Saints are 4-2 this season.

## Quick Hits

### Central Men's Basketball ranked in top 25

After racing out of the gates with a perfect 5-0 record, the Central men's basketball team has earned a top 25 ranking.

The Wildcats are ranked 24th in this week's National Association of Basketball Coaches (NABC) Division II poll that was released Tuesday. Central's 5-0 record is the best start since the 1992-93 season. It is the first time Central has been ranked since December of 2008.

### Joe Lorig named Division II Assistant Coach of the Year

CWU football assistant head coach Joe Lorig has been named the Division II Assistant Coach of the Year by the American Football Coaches Association (AFCA).

Lorig finished his third season with the Wildcats this year as Central's defensive coordinator. Last season Central's defense allowed just 11.9 points per game and 58.5 rushing yards to opposing teams under Lorig. In 2010, Lorig's defense ranked third in Division II by allowing just 71.1 rushing yards per game.

Lorig is the first assistant coach in school history to win the award at Central Washington University.



Joe Lorig

### Chris Sprinker earns first GNAC player of the Week

CWU's starting men's basketball center Chris Sprinker was named the Great Northwest Athletic Conference co-player of the Week. The senior big man averaged 18 points, 5.5 rebounds and 3.5 blocks in two victories for the Wildcats.

Sprinker is the first Central player to win the award since February of last year. The award was also the first Player of the Week honor of Sprinker's career.

Central is off to its best start in nearly 20 years, with a 5-0 overall record, and 1-0 in GNAC play.

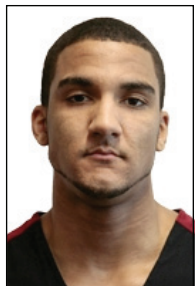
### Try named AVCA Division II Honorable Mention

Senior volleyball Kady Try added to her collection of illustrious awards over her four-year career at Central.

Try was selected as a Division II honorable mention All-American by the American Volleyball Coaches Association (ACVA). Try also earned a pair of Division II All-West Region awards.

Try averaged a conference leading 4.14 kills, and 4.69 points per set in the 2010 season. In four years as a Wildcat, Try totaled 1,181 kills, fourth all-time in school history.

**-Courtesy of Jonathan Gordon**  
Assistant Athletic Director for Media Relations



#5 Chris Sprinker

## Central students come out for "Cranksgiving" competition

BY BRYCE HJALSETH  
Staff Reporter

Over 40 competitive rock climbers came out to the Student Union and Recreation Center (SURC) climbing wall on Friday for the "Cranksgiving" Boulder- ing competition.

The climbers climbed routes that progressively became more challenging, with a total of fifty routes. Each route was worth a certain point value starting at ten and going up to a thousand. If the route was completed they would score points, if they were to fall, they got points deducted. The climbers were able to climb as many routes as they desired, but were only judged on their top five.

"It's very personal," said Ryan Hopkins, Outdoor Pursuits and Rentals Coordinator. "It's a challenge to figure out which hand goes where and physically it's very difficult."

Bouldering normally requires no equipment since climbers usually stay close to the ground. Most competitors use chalk on their hands to improve their grip and crash pads for breaking falls.

The competitors had a chance to compete in beginner or advanced levels of climbing in both men and women categories. If a beginner scored above the median point value of those in the advanced category, they were bumped up

to advanced.

"I think a lot of students get intimidated by the term 'competition' and they don't realize how supportive climbing is and the format we run," Hopkins said.

Mckenzie Nichols claimed first place in the women's beginner category followed by Rebecca Clark in second place. Alex McDougall took third place.

In the men's beginner category, Tim Lockey scored first place, followed by Chris Smith in second place and Galen Abercrombie in third place.

Alicia Christianson placed first in the womens advanced category, followed by Carley Feverborn in second place and Sara St. John earning third place.

In the mens advanced category, John Stordahl scored first place in front of Joe Gibson in second place. Kevin Peter earned himself third place.

An "Early Bird" award was given out to Travis Wolfe for being the first climber to register for Cranksgiving.

Brad Pitcher was awarded the "Most Climbed" award for climbing more routes than anyone else at the competition.

Participants that placed in the top three in each category were awarded with sportswear and gift certificates that were donated for the event. All the competitors received a free Patagonia T-shirt for competing in the event.



**99 cent Shrimp cocktail**  
**All you can eat tacos**



**Thursday is Reno Night**

Stop by the cashiers cage on your way in to pick up your free play and **"In Till You Win"** coupons

Stop by the cashiers cage on your way out for your... **CASH!**

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CAMPUS ACTIVITIES AND THE **2010-2011** *PERFORMING Arts and* SPEAKER SERIES PRESENT...

# SIG HANSEN

FROM "DEADLIEST CATCH"



**TONIGHT!**







**DECEMBER 2**

**7 PM. SURC BALLROOM**

ADVANCE TICKET GUARANTEES SEAT:  
Available at Wildcat Shop Customer Service or

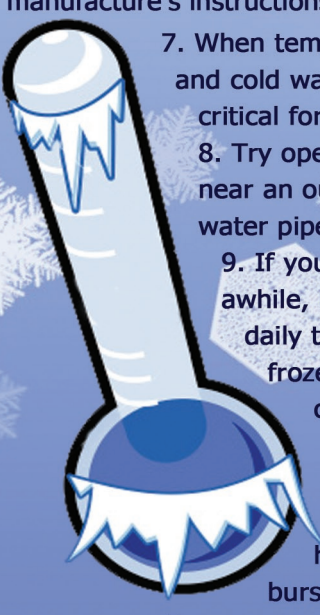
FREE CWU STUDENTS  
\$5 GENERAL ADMISSION

WILDCAT TICKETS ONLINE [www.cwu.edu/~events](http://www.cwu.edu/~events)



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## BEFORE YOU LEAVE FOR THE HOLIDAYS TOP 10 TIPS TO PREVENT FROZEN WATER PIPES



1. The temperature in the home should be no lower than 55 degrees.
2. Make sure all garden hoses are disconnected.
3. All exterior floor vents and crawlspace access doors should be closed and sealed properly. Foam floor vent inserts are available through local lumber and hardware stores. If you want to cut your own inserts, use 2" thick pink waterproof foam board.
4. Insulate perimeter walls in the crawlspace with R-19 six-inch fiberglass batts.
5. Wrap both cold and hot water pipes with R-11 three-inch thick fiberglass batts. Insulating water pipes does not necessarily prevent frozen pipes.
6. If you wrap your pipes with heat tape, be sure to follow the manufacture's instructions. Improper use may cause a fire.
7. When temperatures go below zero, try letting the hot and cold water trickle overnight. This is especially critical for water pipes on the outside walls.
8. Try opening cabinet doors under a sink or appliance near an outer wall to allow heat to get to uninsulated water pipes.
9. If you plan to be away from your home for awhile, be sure to have someone check your house daily to make sure it's warm enough to prevent frozen water pipes, or have your water turned off at the meter by the City Water Division, at no charge during normal working hours, so you can drain your pipes.
10. Make sure you and your family know how to shut off the water. If the water pipes burst, this can minimize damage.

A public service message from the City of Ellensburg Public Works Department

For more information, or for after hours emergency water shutoff, contact the City of Ellensburg Water Division at 962-7230.



# COZY SWEATER FEST

The only thing better than wearing a cozy sweater is drinking one at the same time.

If that sounds like your idea of holiday cheer, join us at the brewery on **Friday December 3rd** from 6-10pm.

Be one of the first to try IHB's 2010 Cozy Sweater, a vanilla milk stout.

**Music by Afro Panda.**

Bring a can of food and/or wear a cozy sweater, each action being worthy of \$1 off admission.

\$7 at the door includes a glass to keep and a fill.

Also accepting cozy sweater donations for the clothing bank.

**iron horse brewery** 21 and over.



# Talent Contest

March 31, 2011, SURC

**SPONSORED BY CWU  
SUMMER SESSION 2011**

*Win a Wildcat Shop Gift Card!*

**1ST PRIZE:** \$400

**2ND PRIZE:** \$200

**3RD PRIZE:** \$150

**4TH PRIZE:** \$100



**[www.cwu.edu/summer](http://www.cwu.edu/summer)**

This talent contest is open to all current CWU students. We welcome all types of talent acts, from the amazing to the extreme! Acts will be judged on originality, creativity, and stage presence.

For more information about the rules and application process, go to [www.cwu.edu/summer/rules.aspx](http://www.cwu.edu/summer/rules.aspx).

Space is limited, so apply now at the Office of Continuing Education, Bouillon Hall, room 206.



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